

Seasons of the Soul #4

“Winter: A Season to Rest and Reflect” selected Scriptures

Genesis 2:2-3 - When God finished creation, He r_____. The Hebrew word used here is the verb form of “s_____.”

The Contributing Factors of the Winter of the Soul

The c_____ of a project or a goal (Genesis 2:2-3);
The end of a r_____ or e_____;
An i_____ or an i_____;
The a_____ process can all bring on a wintertime of the soul.

The Characteristic Feelings of the Winter of the Soul

Psalms 22:1 - We feel l_____, i_____, a_____.
This is sometimes called the “d_____ n_____ of the soul.”
1 Kings 19:3-4 - Elijah was e_____ physically, emotionally, and spiritually.
Mark 14:34; Psalm 18:4 - Jesus and David felt o_____.
H_____ feels that nothing will ever get better in the future.
All of this can lead to a lack of m_____ to do anything.

The Constructive Functions of the Winter of the Soul

Psalms 62:1, 5; 91:1; 116:7 - Our souls need r_____ in the Lord.
Matthew 11:28-30 - Jesus said, “I will give r_____ for your souls.”
Mark 6:30-31 - Jesus told the disciples to r_____ after their success.
1 Kings 19:5-8 - Elijah needed r_____ and f_____ which God gave.
Psalm 27:14 - Winter gives us time to r_____ and w_____.
Isaiah 40:29-31 - The Lord will r_____ our strength.

Word Search - Job 37:1-12

U N V L G A N I M A L S W M W I N
W N D P I M P T E N D S L O G C N
F P L R O G G R H S T M N X S E B
D S D E I U H N O U D S U O A M R
B I D E A V N T I D N N N B H O O
M E R A N S I D N L U D I S O I A
N R N E O S H N S I B C E W L S D
T E T E C L E E G V N M E R D T C
D M E R A T H N S Z D G U S S U O
N A M L O T I P D O D O H R W R L
O I P N E A H O W S O N A G S E D
Y N E V E A R N N V T H T R A E A
E S S P C Z P M A R V E L O U S L
B E T O U O O S L S D N U O S E R
B H M Z U H L R S C A T T E R S I
V E N R Z M V Y F T Z E C I O V W
S E L O H W C H A M B E R O P M S

ANIMALS	ENDS	ROAR
BENEATH	FROZEN	RUMBLING
BEYOND	ICE	SCATTERS
BROAD	LEAPS	SENDS
CHAMBER	LIGHTNING	SNOW
COLD	LOADS	SWIRL
COMES	MARVELOUS	TEMPEST
DENS	MOISTURE	THUNDERS
DIRECTION	POUNDS	UNLEASHES
DOWNPOUR	PRODUCES	VOICE
DRIVING	REMAIN	WHOLE
EARTH	RESOUNDS	WINDS

Winter can be fun!



"God spreads the snow like wool and
scatters the frost like ashes."
(Psalm 147:16)

Winter: A Time to Rest and Reflect



*It was you who set all the boundaries of the
earth; you made both summer and winter.*
(Psalm 74:17)